Fear

anti-life

Expressed in terms of Western religion, God is life and Satan is fear. "God" and "Satan" is one of the definitions not antonyms, nor are "life" and "fear" antonyms. "Fear" is one of the definitions of "life". One of our greatest impediments in life is in antonyms.

Life and death are equal, and therefore indistinguishable from each other. It is impossible to tell at any given moment if we are alive or dead. Think of it: Who would tell us?

Fear manifests in many forms. The most common manifestation is anger. When we are angry, you are angry because you are afraid. It is impossible to be angry except to because of fearfulness. Example: Think of the last time you were angry. Trace it back to source will always be fear. The source cannot be anything other than fear. Repeat: you are angry, you are angry because you are afraid.

Therefore it follows: To conquer your anger, you must conquer the fear at the source of anger. For if you fail to conquer the fear, the anger will continue to manifest.

Some other manifestations of fear: impatience, frustration, cruelty, self-hatred, jealousy, prejudice, tiredness. Chronic depression is not a form of fear. Chronic depression is the result of a long-term condition.

Fear of specifics is the fear of "the other". Fear of specifics is of which you perceive (correctly or incorrectly) in specific people. Your admiration of a trait which you believe you don't possess) causes your fear of you believe possesses that trait, and who you believe you cannot assimilate, your fear of "the other" is your friendship or acquaintanceship. Alternative: the other is a corrupted meaning someone who does not appear to possess the attribute you find up to you. The key seems to be assimilation or avoidance, but it is impossible not to be inadequate.

The key is acceptance

The fear which always lives within you is the fear you are inadequate. The truth: You are inadequate. The truth: You are always inadequate. The truth: It is impossible not to be inadequate. The truth: It is impossible to be inadequate. Your life is a struggle to conquer fear. Fear can only be conquered when you are about to fail or do fail. Only when you are about to fail or do fail do you confront fear, and only then therefore offered an opportunity to succeed. It is impossible to succeed when you are about to be a failure, or are a failure. Success: you can only succeed when you are about to be a failure. Success gives you, with them, few opportunities; failure showers you, dazzling with them.

When we are afraid, we experience a false sense of helplessness. We are never helpless. When we are afraid, we experience a false sense of helplessness. We are never helpless. The decision to relinquish our powers. The relinquishment is always a conscious though so quick we may miss it, consciously, especially if we are used to preferring anger. We prefer to be afraid, it is always because we prefer to be afraid, it is always because we wish not to be responsible for our actions. If we are in that mode, its source is always hatred of the world. "Hatred of the world" means "self-hatred", because each of us owns our own world. Frequently, we hate ourselves/our world, because we have not diminished our parents, in our mind, to perfection. Perfection is an illusion, an internalized news because it externalizes what is wrong with the world. It is a release on a rubber band. We do not need to control what happens to you on the highway or in the operation". You do not need to control what happens to you completely control your own life, because you respond to what happens to you in your life; you only need to control how you respond to what happens to you.

The opposite of fear is

Oneness

text by the author Ralph Robert Moore from his essay 'Fear'
www.ralphrobertmoore.com

designed by Jason McAloon
jasonmcaloon.com